



## ***Energy Medicine for Vitality, Health & Stress Release***



**Activate your body's potential for health with an energy session from Ruth Beck, Eden Energy Medicine Certified Professional**

**Would you like to be more energized, calm and healthy? Try energy medicine!** It strengthens your body's ability to heal and stay healthy; it helps with stress and anxiety, chronic or acute conditions, hormone imbalance, autoimmune issues, recovery from injury or illness, and overall health, wellness, optimism and joy.

Energy medicine is safe, effective and empowering. In a private session, I assess and balance your energies to **re-establish healthy energy patterns** that support your health goals. I give you simple selfcare techniques and knowledge to help you stay balanced & energized. **You will feel refreshed, relaxed and empowered.**

### **2019 SPECIAL RATES**

\$80 for one **90-minute** session

\$65 per session for a Prepaid Package of 2-3

\$50 per session for a Prepaid Package of 4+

To book a session, contact Ruth at  
[rbeck1@netidea.com](mailto:rbeck1@netidea.com) , 250 354-1352 or  
<http://vibrantworldenergy.com!>