

Energy Healing by Distance

Support your health and wellness with Ruth Beck, Energy Medicine Practitioner



Boost your body's natural ability to be healthy and well, reduce stress, and feel great. Book a distance energy healing session with Ruth today.

First session FREE!

"I have had many Energy Medicine sessions from Ruth over the years. She is a beautiful heart and an extremely intuitive practitioner. I just had a distance EM session from Ruth and it was lovely. I relaxed at home while she assessed and balanced my energies and I could feel the waves of energy flowing and calming. I absolutely recommend Ruth!"

Marianne Ferguson, EEM Advance Practitioner

"I'm currently in New Zealand and found Ruth's distance healing session to be very powerful. I highly recommend it. Verena

Energy healing is compatible with quantum physics and can be effective when done at a distance. It's a great option at this time when you want to stay healthy and calm but we can't be in the same room together. As in a face-to-face session, I will assess and balance your energies to re-establish harmony & flow, and suggest simple self-care techniques for you to do at home. The distance session can happen via phone, FaceTime, online video, or another option.

"Quantum physics teaches us there is no difference between energy and matter. All systems in the human being, from the atomic to molecular level, are constantly in motion-creating resonance. This resonance is important to understanding how subtle energy directs and maintains health and wellness...Energy medicine is the use of known subtle energy fields to therapeutically assess and treat energetic imbalances, bringing the body's systems back to homeostasis (balance)." Christina L. Ross, PHD, BCPP; *Global Advances in Health and Medicine*, 2019, V8: 1-10.

Ruth is an Eden Energy Medicine Certified Practitioner, practicing Eden Method and Eden-inspired energy medicine. Ruth learned distance from Marianne Ferguson and Sara Allen, both EEM Advanced Practitioners. This was separate training from Eden Method certification.

The first session is free so you can try it out! Sessions last between 60 and 90 minutes. After the first session the price is \$50+ GST (until further notice).

**For more information and to book a session, contact Ruth at rbeck1@netidea.com,
250 354-1352 or <http://vibrantworldenergy.com>!**